Classification of Refusals in American English

These are some direct and indirect strategies for making refusals. The strategies we use will depend on the situation, the context, the participants, and the relationship between the participants.

I. Direct Refusals

- I refuse.
- No
- I can't. / I won't. / I don't think so.

II. Indirect Strategies

- Apologizing (e.g., "I'm [really] sorry..."; "I feel terrible...")
- Wish (e.g., "I wish I could, but...")
- **Giving an excuse, reason, explanation** (e.g., "My children will be home that night."; "I have a headache."; "I have to work.")
- Offering an alternative
 - → I can do X instead of Y (e.g., "I'd rather..." "I'd prefer..." "I could go next week instead.")
 - → Why don't you do X instead of Y (e.g., "Why don't you ask someone else?")
- **Promise of future acceptance** (e.g., "I'll do it next time"; "I promise I'll..." or "Next time I'll..."
- Set condition for future or past acceptance ("If you had asked me earlier, I would have...")
- Attempt to dissuade the listener ("I won't be good company tonight."; I'm sure someone else will be more fun...")
- Self defense (e.g., "I'm trying my best, but...." "I'm doing all I can do, but...")
- Avoidance

1. Nonverbal

- Silence
- Hesitation (*Mmm... uhm... well...*)
- Do nothing
- Physical departure

2. Verbal

- Changing the topic of the conversation ("Oh, by the way, did you hear about...)
- Repetition of part of request, etc. (e.g., "Monday?" "A birthday party?"
 "At eleven AM?")
- Postponement (e.g., "I'll think about it." "I'l check my schedule and let you know")
- Showing doubt/ uncertainty (e.g., "Gee, I don't know." "I'm not sure.")

III. Other strategies to make a refusal (Adjuncts to Refusals)

- 1. Giving a positive opinion/feeling or agreement ("That's a good idea, but..."; "I'd love to, but..." "I hope you have fun.")
- 2. Showing empathy (e.g., "I realize you are in a difficult situation, but...")
- 3. Use of pause fillers (e.g., "uhh"; "well"; "oh"; "uhm")
- 4. Showing gratitude/ appreciation (e.g. "Thank you (so much) for inviting me, but...")